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Languages

German, English, Danish

The joy of asking questions

I was recently described as "energetically vulnerable." That appealed to me for two reasons. First, because I want to be like that. I like to be clear in my statements, and equally open to other ideas. Smoothly transparent and with a talent for restraint. Strongly rational and equally strongly aware that there is also an emotional logic.

The most interesting bridge between shaping and adapting, between talking and listening, is usually a question and in my work as a coach, consultant, and trainer, I am always striving to find questions that fit. Good questions require courage and then not only provide insights, but they can also steer, connect, surprise, and initiate growth.

In conducting training sessions and workshops, my clients perceive me as stimulating, respectful, curious, present, as having a sense of humor and, at least in one case, as being "energetically vulnerable." The second reason why I like the description is that I'm not quite sure what it actually means. I kind of like that, too.

1 My expertise for you

- Design and delivery of development programs and training courses for leaders and teams
- Individual and team coaching sessions for experts and leaders
- Strategic consulting for personnel development departments
- Design and delivery of tools for the analysis of potential and management diagnostics
- Keynote speaker on the topic of "working successfully"

2 Special Skills

- M.A. In English and Philosophy
- Business coach
- Clifton StrengthsFinder™ coach
- Predictive Index™ consultant
- Certified Analytic-Network™ coach
- Certified Fierce Conversations™ trainer

3 Selected customers

- ALTANA AG
- AUDI AG
- Deutsche Bundeswehr
- Deutsche Bank AG
- Grohe AG
- PAUL HARTMANN AG
- Kneipp GmbH
- Mazars GmbH & Co. KG
- Mediq GmbH
- Nespresso GmbH
- OHB Space Systems AG
- Villeroy & Boch AG

4 Selected publications

- C(O)RE – Or: The Boaching Guide to Career Success (2020)