



Jacqueline Bachmann

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Languages

German, English



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PROFIL 

## Promoting self-efficacy – enabling success

My motivation is to support companies in creating work environments in which appreciation, respect, and intrinsic motivation are central components. I see a decisive lever in the selection and development of leaders: When leaders are selected, trained, and supported in their self-efficacy, they can lead clearly and authentically, inspire their teams, and contribute sustainably to the company's success.

In my work with customers, I integrate a variety of methods and explore topics from different perspectives. It is particularly important to me to use well-founded theories as a basis and to always stay up to date with the latest research. My research-oriented psychological training supports me in this, as do my experience with mindfulness and my work as a yoga teacher. This enables me to incorporate both professional and emotional aspects.

Customers particularly appreciate my empathic and curious nature. I listen carefully, ask targeted questions, and work in a solution-oriented manner to develop pragmatic and innovative ideas.

## My expertise for you

- Design and delivery of face-to-face and remote Assessment and Development Centers for the selection and assessment of skills for talents and young leaders
- Design and delivery of face-to-face and remote training as well as development projects on topics such as leadership, communication, and recruiting

## Special skills

- M.Sc. Psychology (research focus)
- B.Sc. General Psychology
- Involvement in various research projects at universities and research institutes
- Experience in university-level teaching and supervision of theses
- Mindful Leadership: Trained yoga and breathing teacher

## Selected publications

Dorrough, A. R., Leszczyńska, M., Werner, S., Schaeffer, L., Galley, A.-S., Akin, E., Bachmann, J., Bruske, M., Burghardt, U., & Simandi, F. (2021). Equal Performance, Different Grade: Women's Performance in Discussion Perceived Worse Than Men's. *Personality and Social Psychology Bulletin*, 48(2), 222–238. <https://doi.org/10.1177/0146167221992213>

Anvari, F., Bachmann, J., Sanchez-Burks, J., & Schneider, I. K. (2023). Is "Neutral" Really Neutral? Mid-point Ratings in the Affective Norms English Words (ANEW) May Mask Ambivalence. *Collabra: Psychology*, 9(1). <https://doi.org/10.1525/collabra.82204>