



Helen op 't Roodt
Consultant

☎ +49 2196 7068-236

☎ +49 152 02473068

✉ helen.optroodt@profil-m.de

Languages

German, English



www.profil-m.de

PROFIL

I stand for practicability and evidence

In a dynamic world where the work environment is constantly changing, I see good leadership as a central lever for effective, healthy, and trusting cooperation and success. That is why it is close to my heart to support people in their personal development to unleash their potential and equip them for the future. I contribute to this with sustainable, focused, and evidence-based methods.

Customers experience me as a reliable and implementation-oriented partner who gets to the bottom of things with passionate commitment, determination, and empathy to find the best and most sustainable solution. In doing so, I like to set new and innovative impulses and substantiate my approaches with smart digital solutions.

My expertise for you

- Design and delivery of remote and face-to-face Individual and Group Assessment Centers in national and international contexts
- Design of development and training programs on topics such as leadership and candidate experience
- Consulting in the introduction and implementation of digital 360° feedback processes
- Scientific expertise in the area of data analysis and processing

Special skills

- M. Sc. Psychology (major: Industrial and Organizational Psychology)
- Consulting experience in leadership development and assessment since 2019
- Hogan certification
- "Remote Human Resources" certification
- PhD on the topic of identity leadership in virtual teams

Selected customers

- Allianz Technology SE
- BSH Hausgeräte GmbH
- E.ON SE
- UCB

Selected publications

- op 't Roodt, H., Krug, H., & Otto, K. (2021). Subgroup formation in diverse virtual teams: the moderating role of identity leadership. *Frontiers in Psychology*, 12, 722650.
- op 't Roodt, H., Streckert, N., & Brandt, A. (2023). Wer bin ich, und wenn ja, laut wem? Wie man ein modernes 360-Grad-Feedbacksystem mit Erlebnis und Sinn schafft. *PersonalEntwickeln*, 293.