



Christina Jüngst
Consultant

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Languages

German, English



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Joyfully empowering others to reach their best potential!

I am passionate about fostering individual development and discovering new potential. Seeing leaders, teams, and companies surpass themselves motivates me every day. I am committed to finding customer-specific solutions with energy and openness.

In doing so, a trusting and appreciative atmosphere and communication on an equal footing are of great importance to me. To establish sustainable and effective solutions, I offer flexibility, efficiency, and a high quality standard.

I am convinced that leadership is – more than ever – one of the most important factors for companies to position themselves successfully and in a future-oriented way.

For me, the focus is on people! As a consultant, trainer, and coach, it is my passion to support you in your further development.

My expertise for you

- Several years of professional experience in psychological management diagnostics and executive-level personnel selection
- Design and delivery of Assessment Centers and Development Centers for the selection and skills assessment of leaders and talents
- Design and delivery of face-to-face and remote training measures with different target groups
- Coaching

Special skills

- M. Sc. Psychology, Bielefeld University (majoring in Industrial and Organizational Psychology, Personnel Psychology, and Clinical Psychology)
- B. Sc. Applied Psychology, Fresenius University of Applied Sciences
- Systemic Coach (German Association for Coaching and Training [DVCT] and European Coaching Association [ECA])
- NLP Practitioner (DVNLP, IN, LNLPT)
- Certified trainer
- Certified relaxation therapist
- Hogan Certification

Selected customers

- Lufthansa Group
- Drees & Sommer SE
- E.ON SE
- EnBW Energie Baden-Württemberg AG
- Mercedes-Benz AG