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LanguagesGerman, English



Reflection as a basis for development

Getting to know and understanding my counterparts and their motives through active listening and systematic questioning – that is something that always fills me with joy. I am committed to providing participants with impulses for their personal development and for realizing their potential through concise and visual communication.

My experience in cooperating with people from different professions and positions helps me to quickly empathize with different work environments and to approach participants on an equal footing. It is important to me to create a trusting atmosphere that also includes laughter. For me, honest, authentic cooperation is the foundation for mutual success.

In the professional context as well as in my personal life, people perceive me to be empathic, analytically strong, and appreciative.



My expertise for you

Special skills

Selected customers

- Delivery of Assessment Centers and Development Centers for the selection and skills assessment of managers and talents
- Facilitation of workshops
- Individual coaching of experts and managers

- M.Sc. in Human Resources Management and certified systemic business coach
- More than 9 years of professional experience in the HR area of an industrial group, especially in management diagnostics and consulting of experts and managers
- Coaching of experts and managers
- Certification according to DIN 33430 for aptitude diagnosticians (Level E)

- Allianz
- Altana AG
- Deutsche Bahn AG
- DZ Bank
- Krones AG
- Mercedes Benz Group AG