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Languages German, English, Spanish



Inner attitude is what counts for me

During my professional career, I have come to know many aspects of personnel and organizational development from different perspectives: from the inside as a manager and leader, from the outside as a consultant.

Today, this allows me to adapt to different cultures quickly and flexibly, to reach people in an empathic way, and to open them up to new ideas. My customers feel that the topic of development inspires me and confirm that my positive energy is contagious.

With a clear focus on feasibility and benefits for people and companies, I design, challenge, and reflect tools and processes so that they can be effective in the long term.

Appreciation and openness are important to me when cooperating with others. It is imperative for me to strengthen and develop this attitude as the foundation of all (leadership) actions in companies.



My expertise for you

Special skills

Selected customers

- Training on key aspects of leadership competence, including in connection with strategic change in companies
- Training for conducting employee and development meetings
- Consulting and facilitation of workshops in connection with organizational development and cultural change
- Delivery of Assessment and Development Centers with a focus on selection and development
- Consulting, support, and design for the introduction of talent management processes in companies

- 2nd State Examination, Teacher Training
- 10 years of experience as a manager and leader in different industries in the HR sector
- Over 10 years of experience in training, assessment, and process support
- Training as a consultant and coach

Profil M projects:

- Goldbeck
- Eppendorf
- McKesson Europe
- Olympus
- Deloitte
- Robert Bosch

Projects from my freelance consulting work:

- Uhlmann GmbH
- KION
- Röhlig
- Lidl
- Weber Hydraulik
- KAMAX
- EDAG Engineering