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Languages German, English, Spanish, Dutch PROFILM

## I walk the talk

For almost two decades, I have been supporting companies and their employees in discovering new opportunities and growing in the process. My trust in the competence and strengths of my counterparts promotes faith in themselves and thus lays the foundation to further develop their personality and leadership quality.

My customers perceive me as a trusting partner at their side who provides creative impetus in a professional and approachable way, but also demands things in a clear and binding manner. I walk the talk with actions that are aligned with my customers' wishes and needs and always strive for a higher-level goal.

Working with others to help them grow and doing justice to being "human," whether in leadership, as a business leader, or in my personal life, motivates me every day in my work because I am also always learning from others.

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## My expertise for you

**Special skills** 

**Selected customers** 

- Design and roll-out of development programs, training measures, and Development Centers for different target groups and hierarchy levels
- Delivery of training measures on leadership, communication, change management, and personal development
- Group and individual coaching sessions
- Consulting and support regarding issues concerning personnel strategy as well as set-up of processes for the analysis of potential and management diagnostics
- Consulting and implementation of long-term concepts for successive changes in leadership culture
- M. Sc. Psychology
- More than 15 years of consulting experience in people and leadership development
- Co-Active Leadership Program, Coaches Training Institute, San Rafael, USA
- ICF-accredited Coaching Training (Co-Active Coaching), Coaches Training Institute, San Rafael, USA

- Bayer AG
- BSH Hausgeräte GmbH
- Commerzbank AG
- DFS Deutsche Flugsicherung GmbH
- E.ON SE
- Lufthansa Consulting GmbH
- thyssenkrupp AG