



Martin Kreikebaum

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Languages

German, English

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PROFIL

I support people and organizations in becoming more self-aware

For about 20 years I have been supporting people and companies as a consultant, trainer, and coach in matters of leadership, development, and change. With a systemic view and consistent goal, solution, and resource orientation. The fact that my chosen approaches are based on scientific evidence and that they are transparent about the "why" is as important to me as healthy pragmatism and immediate applicability. When cooperating with me, customers perceive me as appreciative and fair, as having a sense of humor and occasionally as being provocative.

Development processes work best when individuals, teams, or organizations become aware of their typical behavioral and thought patterns and leave their "autopilot mode" to find new, appropriate ways and solutions. I support people and organizations in becoming more aware of their patterns and habits – because successful leadership requires successful and mindful self-management. Development and change processes begin by taking responsibility and changing our own mindset and actions.

My expertise for you

- Design and delivery of customized training courses and workshops for the development of a health- and performance-oriented leadership culture
- Delivery of individual (leadership) coaching sessions based on sound psychological principles for target-oriented personal development
- Design and facilitation of team development workshops
- Support of Assessment Centers and Development Centers as well as Management Audits

Special skills

- Degree in Psychology
- Around 20 years of consulting experience in the areas of leadership development and management diagnostics
- Numerous development measures in the area of coaching and training (systemic coach, trainer for stress management, hypnotherapy and gestalt therapy training)

Selected customers

- REWE Group
- Storch Ciret
- Currenta GmbH
- Bayer AG
- AOK
- McKesson
- itelligence
- Deutz AG
- Covestro Deutschland AG